

June 1, 2020

RE: Important Forms **DUE AUGUST 1**

Dear Student-Athlete:

Enclosed please find your **Letter of Intent** (if applicable) which indicates the amount of athletic aid you will receive while participating in intercollegiate athletics at Carlow during the 2020-21 academic year. Please review the letter with your parents and sign in the appropriate spaces. Keep the original for your records and return the signed copy to our office.

*(Note: if you have already received and/or returned your LOI, or receive no athletic aid, a copy is not included in this mailing.)*

**Enclosed are copies of Medical and other Forms we need you to complete and return by August 1, 2020.**

Please make sure the following forms are received in the Department of Athletics:

- **Letter of Intent**
- **Health History**
- **Physical Exam\***
- **Athletic Insurance Information**
- **NAIA Consent Form for Drug Testing**
- **FERPA**
- **Annual Publicity Sheet/Website Release**
- **Consent for Treatment, Payment & Health Care Operations**
- **UPMC Authorization for Release of Protected Health Information**

All forms are also available **online** on the Athletics page of the Carlow website under Athletics Forms:  
[www.carlow.edu/Athletics\\_Medical\\_Forms.aspx](http://www.carlow.edu/Athletics_Medical_Forms.aspx)

*\*Your physician must complete the enclosed Physical Exam form because it specifically clears you to participate in intercollegiate athletics. **No other form will be accepted.***

In accordance with University policy, **all these must be completed and on file with Athletic Training staff before you may participate in any team related activity.** This policy will be strictly enforced. ***These forms are due no later than August 1, 2020.***

If you have questions, please call the Department of Athletics at 412-578-6310.

We are looking forward to your participation and contribution to the athletic programs at Carlow.

Sincerely,



George S. Sliman  
Director of Athletics  
*Enclosures*

**Incoming FIRST YEAR Athletes**

**Please Note:**

You will also be receiving or have already received forms from the University Nurse. You must complete and return those forms in addition to the enclosed. If you have any questions about the Nurse forms, please call:

412-578-6174

The forms can also be found online at:  
[www.carlow.edu/Health\\_History.aspx](http://www.carlow.edu/Health_History.aspx)

UPMC Sports Medicine – Carlow University

Athletic Health History Form

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Sport(s) \_\_\_\_\_

1. Have you ever been hospitalized?  
Yes  dates/reason: \_\_\_\_\_ No
2. Have you ever had surgery?  
Yes  dates/reason: \_\_\_\_\_ No
3. Have you ever been told by a health care provider to not partake in athletic activity? Yes  No   
If yes, please explain: \_\_\_\_\_
4. Are you currently taking any medications?  
Yes  List: \_\_\_\_\_ No
5. Are you currently taking any supplements? Yes  No   
If yes, what supplements/why? \_\_\_\_\_
6. Are you currently trying to gain or lose weight? Yes  No   
If yes, please explain: \_\_\_\_\_
7. Have you been diagnosed or treated for an eating disorder?  
Yes  When? \_\_\_\_\_ No   
Diagnosis/Treatment: \_\_\_\_\_
8. Have you ever seen a dietician or nutritionist for advice?  
Yes  When/Why? \_\_\_\_\_ No
9. Do you have any allergies (e.g.: bees, medicine, food)?  
Yes  List: \_\_\_\_\_ No   
What is your reaction (i.e. hives, anaphylaxis, etc.)? \_\_\_\_\_  
Do you carry an epi-pen? Yes  No
10. Do you smoke or vape? Yes  No
11. Do you use any smokeless tobacco products? Yes  No

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12. Cardiac History
  - a. Have you ever passed out during exercise? Yes  No
  - b. Have you ever been dizzy during exercise? Yes  No
  - c. Have you ever had chest pain during exercise? Yes  No
  - d. Have you ever had chest pain without engaging in exercise? Yes  No
  - e. Do you tire more quickly than your friends during exercise? Yes  No
  - f. Have you ever been diagnosed with high blood pressure? Yes  No
  - g. Have you ever been told you have a heart murmur? Yes  No
  - h. Have you ever had racing of your heart or skipped beats? Yes  No
  - i. Has anyone in your family died suddenly before age 40? Yes  No
  - j. Do you or anyone in your family have Marfan's Syndrome? Yes  No
  - k. Do you have a history of irregular heart beats (arrhythmia)? Yes  No
13. Have you ever been dizzy or passed out from the heat? Yes  No
14. Have you ever had heat cramps? Yes  No

UPMC Sports Medicine – Carlow University

Athletic Health History Form

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Sport(s) \_\_\_\_\_

15. Do you have any skin problems? (itching, moles, breaking out, psoriasis/eczema, etc.)

Yes  List: \_\_\_\_\_ No

16. Have you ever had a concussion?

Yes  Dates: \_\_\_\_\_ No

Total number of diagnosed concussions \_\_\_\_\_

17. Have you ever had any other type of head injury?

Yes  Date/Injury: \_\_\_\_\_ No

a. Have you ever been hospitalized for a head injury? Yes  No

18. Have you ever had a seizure?

Yes  Date/Cause if known: \_\_\_\_\_ No

19. Have you had a stinger or burner?

Yes  Date(s): \_\_\_\_\_ No

20. Are you missing one of a paired organ (eyes, kidneys, ovaries, testes, etc.)?

Yes  If yes, what/explain: \_\_\_\_\_ No

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21. Have you ever injured (sprained/strained, dislocated, fractured, etc.)

a. Hand/wrist Yes  Date/Injury: \_\_\_\_\_ No

b. Forearm/elbow Yes  Date/Injury: \_\_\_\_\_ No

c. Shoulder/arm Yes  Date/Injury: \_\_\_\_\_ No

d. Chest Yes  Date/Injury: \_\_\_\_\_ No

e. Neck Yes  Date/Injury: \_\_\_\_\_ No

f. Back Yes  Date/Injury: \_\_\_\_\_ No

g. Hip/thigh Yes  Date/Injury: \_\_\_\_\_ No

h. Knee Yes  Date/Injury: \_\_\_\_\_ No

i. Lower leg/ankle Yes  Date/Injury: \_\_\_\_\_ No

j. Foot Yes  Date/Injury: \_\_\_\_\_ No

22. Do you use any special braces or pads? (e.g. ankle brace, special insoles, sleeves, etc.)

Yes  What/why? \_\_\_\_\_ No

23. Do you use any special appliances? (e.g. insulin pump, hearing aids, etc.)

Yes  What: \_\_\_\_\_ No

24. Do you now or have you ever had ...

a. Mononucleosis Yes  Date(s): \_\_\_\_\_ No

b. Hepatitis Yes  Date(s): \_\_\_\_\_ No

c. Tuberculosis Yes  Date(s): \_\_\_\_\_ No

d. Anemia Yes  Date(s): \_\_\_\_\_ No

e. Diabetes Yes  Date(s): \_\_\_\_\_ No

f. Headaches/Migraine Yes  Date(s): \_\_\_\_\_ No

g. Eye Injuries Yes  Date(s): \_\_\_\_\_ No

h. Stomach ulcers Yes  Date(s): \_\_\_\_\_ No

UPMC Sports Medicine – Carlow University

Athletic Health History Form

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Sport(s) \_\_\_\_\_

- i. Asthma Yes  Date(s): \_\_\_\_\_ No   
Do you currently use an inhaler? Yes  Name \_\_\_\_\_ No

25. Do you have any other chronic diseases (i.e. autoimmune diseases, Lyme Disease, Crohn’s Disease, Lupus etc.)? Yes  List: \_\_\_\_\_ No

26. Have you tested positive for COVID-19? Yes  Date of test: \_\_\_\_\_ No

27. Have you been exposed to an individual who has tested positive for COVID-19? Yes  Date: \_\_\_\_\_ No

28. Do you wear corrective lenses for sports? Yes  No   
a. What type of lenses? (i.e. contacts, safety glasses, etc.) \_\_\_\_\_

29. Do you have any other problems with your eyes or vision? Yes  No   
a. If yes, please explain: \_\_\_\_\_

30. When was your last tetanus shot? Date: \_\_\_\_\_

31. Do you currently suffer from
- a. Anxiety? Yes  Explain: \_\_\_\_\_ No
  - b. Depression? Yes  Explain: \_\_\_\_\_ No
  - c. Other mental health issues? Yes  Explain: \_\_\_\_\_ No
  - d. If yes, do you need additional resources to deal with these issues? Yes  No

32. If applicable:
- a. When was your first period? Date/approximate age: \_\_\_\_\_
  - b. When was your most recent period? Date: \_\_\_\_\_
  - c. Are your periods irregular? Yes  No 
    - i. If no, list any known reason/explanation: \_\_\_\_\_
  - d. Are you currently pregnant or suspect you might be pregnant? Yes  No 
    - i. If yes, how far along: \_\_\_\_\_
    - ii. Do you want any additional help/resources with this? Yes  No

***By signing my name below, I acknowledge that the questions on this form have been answered truthfully and accurately to the best of my ability and knowledge.***

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Physical Examination Form

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Sport(s): \_\_\_\_\_

Age: \_\_\_\_\_

School: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ B/P: \_\_\_\_\_ Pulse: \_\_\_\_\_

**\*\*\*\*I have reviewed the student-athlete's health history.** Initials: \_\_\_\_\_ (MD/DO)

Visual Acuity	
CV: Pulses	Brachial: _____ Femoral: _____
Lungs	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Heart	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
HEENT	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Abdominal	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Skin	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Genitalia	Deferred? Y / N _____ STI Sx/Dx: Y / N _____
Reflexes	<input type="checkbox"/> Patellar <input type="checkbox"/> Achille's <input type="checkbox"/> Brachioradialis <input type="checkbox"/> Bicep
Musculoskeletal	<i>Marfan's Screening:</i> <input type="checkbox"/> High palate/crowded teeth <input type="checkbox"/> Breastbone deformity <input type="checkbox"/> Hypermobile/flexible joints <input type="checkbox"/> Long appendages
Neck	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Shoulder	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Elbow	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Wrist	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Hand	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Back	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Knee	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Ankle	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Foot	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal Explain
Assessment:	
Recommendation:	

**CLEARANCE** (please circle appropriate clearance):

1. No restrictions

2. Limitations. Please circle highest level of allowable activity:

A. No Activity. Please explain in #3 below

B. No Contact

a. Non-strenuous

b. Moderately strenuous

c. Strenuous

C. Limited contact/impact

D. Contact/collision

3. Clearance deferred until further evaluation by a physician or Athletic Trainer

Please explain: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Other comments/explanations: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Exam Date

\_\_\_\_\_, MD/DO  
Signed

\_\_\_\_\_  
Printed name

[Type here]

**CARLOW UNIVERSITY**

Athletic Insurance Information

**YOU MUST HAVE MEDICAL INSURANCE IN ORDER TO PARTICIPATE IN ATHLETICS  
AT CARLOW UNIVERSITY.**

(Please type/print using **Black Ink**) **PLEASE NOTE:** PARENT OR GUARDIAN INSURANCE COVERAGE IS PRIMARY COVERAGE. CARLOW UNIVERSITY PROVIDES SECONDARY INSURANCE COVERAGE THAT WILL BE APPLIED AFTER PRIMARY COVERAGE.

Student Name \_\_\_\_\_ Sport(s) \_\_\_\_\_

Soc. Sec. # \_\_\_\_\_ Date of Birth \_\_\_\_\_

Permanent Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

**Insurance Policy Holder's Name** \_\_\_\_\_ **Relationship** \_\_\_\_\_

Address \_\_\_\_\_

Phone No. \_\_\_\_\_

Employer \_\_\_\_\_ Phone No. \_\_\_\_\_

**Emergency Contact** \_\_\_\_\_ **Relationship** \_\_\_\_\_

Address \_\_\_\_\_

Phone No. \_\_\_\_\_

Employer \_\_\_\_\_ Phone No. \_\_\_\_\_

Do you have medical insurance to cover this athlete?  YES  NO (IF you checked No, please see below)

**\*\*The Policy Holder must sign this form**

Name of Insurance Company \_\_\_\_\_

Policy #: ID # \_\_\_\_\_ Group # \_\_\_\_\_ Phone \_\_\_\_\_

**Is this an HMO or PPO?**  YES  NO **If YES, which one** \_\_\_\_\_

**IF YOUR INSURANCE CARRIER IS AN HMO OR PPO, ARE THERE ANY EMERGENCY CARE PROVISIONS THAT WE SHOULD BE AWARE OF IN THE EVENT OF THE NEED FOR "EMERGENCY, ON-SITE CARE"? PLEASE EXPLAIN ANY SUCH PROVISIONS ON THE LINES BELOW.**

\_\_\_\_\_  
\_\_\_\_\_

I hereby authorize Carlow University and associated Insurance Group to inspect or secure copies of case history records, laboratory reports, diagnoses, x-rays, and any other data covering this and/ or previous confinements and/ or disabilities. A photocopy of this authorization shall be deemed as effective and valid as the original.

We authorize Carlow University and associated Insurance Group to pay the medical vendors direct for any bills incurred from accidents that are covered under the coverage purchased by Carlow University.

I/ WE AGREE THAT ALL INFORMATION IN THIS DOCUMENT IS ACCURATE AND COMPLETE TO THE BEST OF MY/ OUR KNOWLEDGE. I/ WE UNDERSTAND THAT ANY INCORRECT OR UNDISCLOSED INFORMATION CAN RESULT IN DUPLICATE PAYMENTS CREATING A SUBSTANTIAL OVERPAYMENT. THE RESPONSIBILITY OF SUCH OVERPAYMENT WILL BE THE OBLIGATION OF THE UNDERSIGNED TO REIMBURSE IN FULL, UPON REQUEST. ALL AMOUNTS DEEMED REFUNDABLE.

PARENT/ GUARDIAN/ POLICY HOLDER \_\_\_\_\_ DATE \_\_\_\_\_

STUDENT ATHELETE \_\_\_\_\_ DATE \_\_\_\_\_



ALL LINES ON THIS FORM MUST BE COMPLETED. PLEASE BE SURE THAT IF YOUR INSURANCE IS HMO/ PPO THAT YOU HAVE LISTED ALL NECESSARY STEPS TO BE COMPLETED IN THE EVENT OF AN EMERGENCY OR CLAIM THAT NEEDS TO BE REPORTED. FAILURE TO DO SO MAY RESULT IN DELAYS IN PROCESSING.



# NAIA Official Student Consent Form

A. Requirement to Sign Drug-Testing Consent Form

1. Name of Institution: \_\_\_\_\_
2. Name of student-athlete: \_\_\_\_\_ Sport(s): \_\_\_\_\_
3. You must sign this form to participate in any NAIA National Championship competition. This includes but is not limited to Opening Rounds and Final Sites. If you have any questions, you should discuss them with your director of athletics.

B. Consent to Testing

1. You agree to allow the NAIA to test you in relation to any participation by you in any NAIA national championship or invitational competition. Examples of drugs in each class can be found at [www.naia.org/wellness](http://www.naia.org/wellness). Note: There is no complete list of banned substances. Check the NAIA Drug Free Sport AXIS for questions about supplements, medications and banned drugs.

C. Consequences for a Positive Drug Test

1. By signing this form, you affirm that you are aware of the NAIA drug-testing program, which provides:
2. A student-athlete who tests positive for use of a banned substance as defined by the NAIA banned-drug classes list, shall be sanctioned as outlined below:
  - a. A student-athlete's first offense for testing positive for the use of any banned drug shall be immediately suspended from further competition in any sport; and
  - b. The period of suspension will be for a minimum of 365 days from the date of the specimen collection that lead to the positive test result; and
  - c. The student-athlete shall be charged one season of competition in all sports because of the positive test result.
  - d. A student-athlete testing positive a second time for the use of any banned drug shall lose all remaining NAIA regular season and post-season eligibility in all sports.
  - e. Individual placings and honors earned at the national championship at which the positive test occurred shall be vacated.
  - f. Team championships will be determined by the National Drug Testing and Education Committee.

D. Signatures

1. By signing below, I consent:
  - a. To be tested by the NAIA in accordance with NAIA drug-testing policy, which provides among other things that I will be notified of selection to be tested;
  - b. I must appear for NAIA testing or be sanctioned for a positive drug test; and my urine sample collection will be observed by a person of my same gender;
  - c. To accept the consequences of a positive drug test;
  - d. To allow my drug-test sample to be used by the NAIA drug-testing laboratories for research purposes to improve drug-testing detection; and
  - e. To allow disclosure of my drug-testing results only for purposes related to eligibility for participation in NAIA competition.

I understand that if I sign this statement falsely or erroneously, I violate NAIA legislation on ethical conduct and will jeopardize my eligibility.

Date	Signature of student-athlete

Date	Signature of parent (if student-athlete is a minor)

Name (please print)	Date of birth	Age

Home address (street, city, state and zip code)

Sport(s)





## STUDENT-ATHLETE'S ANNUAL INFORMATION SHEET

Please complete this **annually** so that our records are updated for mailings and event notices. Thank you!

Name \_\_\_\_\_ Date \_\_\_\_\_

Sport \_\_\_\_\_ Student ID# \_\_\_\_\_ Birth Date \_\_\_\_\_

Home Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Phone No. \_\_\_\_\_ Cell Phone No. \_\_\_\_\_

Living on Campus  Yes  No

If Not, Local Address \_\_\_\_\_

Carlow email address \_\_\_\_\_

Preferred email address \_\_\_\_\_

### Parent/Guardian Information

First and Last Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Cell/Work Phone: \_\_\_\_\_

TO: Carlow University Student-Athletes  
FROM: Karina Graziani, Sports Communications Manager

SUBJECT: Online Player Profiles

The Department of Athletics would like to create a Student-Athlete Player profile for you on your team's homepage. Please take a moment to fill-out this questionnaire and return to the Athletic office as soon as possible.

Name \_\_\_\_\_

Pronunciation \_\_\_\_\_

Jersey Number \_\_\_\_\_ Height \_\_\_\_\_ Position \_\_\_\_\_

Year (FR/SO/JR/SR) \_\_\_\_\_ Major \_\_\_\_\_

High School/Previous School \_\_\_\_\_

Hometown \_\_\_\_\_

Collegiate Athletic Awards/Honors: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

High School Athletic Awards/Honors (First Year Students ONLY):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Local Newspaper(s) and Email/Phone Contact(s) \_\_\_\_\_

\_\_\_\_\_

I hereby grant my consent to use and license the use of my name, my likeness, and my personal information whether in still or in motion pictures, my photograph and/or other reproduction, including my voice and features, with or without my name, for any editorial, promotion, trade, webpage, business or other purpose whatsoever, or for testimonial and endorsement or product advertising. Carlow University may exercise its rights in any way it sees fit for its production, for advertising, for the web, and for other purposes.

\_\_\_\_\_  
Student-Athlete Signature

\_\_\_\_\_  
Date



## Sickle Cell Trait Testing Waiver

### SICKLE CELL TRAIT TESTING

The NAIA recommends that all student-athletes have knowledge of their sickle cell trait status. Student-athletes must complete one of the following (Check One):

1. Show proof of a prior test with results
2. Have a blood test to check for sickle cell trait at your family physician's office
- OR**
3. Sign a testing waiver declining options 1 and 2

This must be completed prior to participation in any intercollegiate athletics event, including strength and conditioning sessions, practices, competitions, etc.

Athletes who are positive for the trait will be allowed to participate in intercollegiate athletics. Athlete who are positive for sickle cell trait or sign the waiver declining testing will be required to meet with our team physician to discuss concerns regarding participation with sickle cell trait.

### **ONE OF THE FOLLOWING OPTIONS MUST BE CHOSEN. INCLUDE ANY DOCUMENTATION, IF NECESSARY:**

1. Copy of athlete's newborn sickle cell testing result. \_\_\_\_\_ Date \_\_\_\_\_  
*Most states require testing at birth. Check with your hospital or pediatrician.*
2. Copy of recent sickle cell screening test result. \_\_\_\_\_ Date \_\_\_\_\_  
Copy of testing is the responsibility of the athlete.

### 3. SICKLE CELL TESTING WAIVER:

By signing this waiver, I understand and acknowledge that the NAIA recommends that all student-athletes have knowledge of their sickle cell trait status. Additionally, I certify that I have read and fully understand the aforementioned facts and I have had the opportunity to review the NCAA website for further information about sickle cell trait and sickle cell trait testing.

Recognizing that my true physical condition is dependent upon an accurate medical history and a full disclosure of any symptoms, complaints, prior injuries, ailments and/or disabilities experienced, I hereby affirm that I have fully disclosed in writing any prior medical history and/or knowledge of sickle cell trait status to the Carlow University Department of Athletics.

I do not wish to undergo sickle cell trait testing and I voluntarily agree to release, discharge, indemnify, and hold harmless Carlow University, its officers, employees, agents and their successors and assigns from any and all costs, claims, damages or expenses, including attorney's fees, arising from any loss or personal injury that might result from my refusal to be tested.

I have read and signed this document with full knowledge of its significance. I further state that I am at least 18 years of age and competent to sign this waiver.

\_\_\_\_\_  
Student-Athlete's Signature

\_\_\_\_\_  
Student-Athlete's Name (Print)

\_\_\_\_\_  
Sport and Date

\_\_\_\_\_  
Parent/Guardian's Signature (if under 18)

\_\_\_\_\_  
Parent/Guardian's Name (Print) and Date



**Carlow University Athletics  
Consent for Treatment Form**

I \_\_\_\_\_ (print or type name) consent to the provision of care. I understand that this care may include medical treatment, special tests, exams, evaluation, treatment, emergency response and rehabilitation of athletic injuries. I acknowledge that no guarantees have been given to me as to the outcome of any examination or treatment and all the results of any examination and/or treatment are kept confidential.

I understand and agree that others may assist or participate in providing care. This may include, but may not be limited to team physician, certified athletic trainer, school nurse, and licensed physical therapists. Under the direction of a certified athletic trainer, college\university student athletic trainers may also provide care.

I have been provided a Notice of Privacy Practices document by the University's Athletic Trainer Services provider. I also understand that additional copies of this Notice are available for my review upon my request. \_\_\_\_\_ **Patient Initials**

\_\_\_\_\_  
Student-Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Carlow Sports Medicine Representative

***Please also complete UPMC Consent for Treatment form!  
Thank you.***

\_\_\_\_\_  
Print Athlete's Name\_\_\_\_\_  
Print Athlete's Sport

As part of a contractual agreement with UPMC Sports Medicine, certified athletic trainers may aide in the prevention, recognition, evaluation, and treatment of athletic injuries. **Please note that the forms below have no relationship to your health insurance plan and in no way, influence your choice of medical care.** UPMC must have these forms completed to comply with privacy and standard consent to treat laws.

### **(1) UPMC Authorization for Release of Protected Health Information**

- I authorize UPMC to provide information related to the athlete's care to family/school/team physicians, school nurses, coaches, athletic directors, school principals, EMS personnel, and such other persons as is necessary needed for them to provide consultation, treatment, establish a plan of care or determine whether the athlete may resume participation in school or sports activities.
- I authorize UPMC to use the athlete's medical information for UPMC internal departmental reporting purposes.
- I authorize UPMC (including its hospitals, other entities and programs) to use medical or other information maintained on electronic information systems or stored in various forms about the athlete's care, health care operations, or payment for treatment and services.
- I understand that the health record(s) released by UPMC may be re-disclosed by the facility/person that receives the record(s) and therefore (1) UPMC and its staff/employees has no responsibility or liability because of the re-disclosure and (2) such information may no longer be protected by federal or state privacy laws.
- I understand that this Authorization is in effect for a period of one year from the date signed by the athlete.
- I understand that this Authorization is in effect if the athlete is treated for an injury during off-season workouts; however, no time frame specified shall go beyond one year from the date of signature.
- I understand that I have the right to revoke this Authorization form at any time by sending a written request to UPMC at the location where the Authorization was provided.
- I understand that my decision to revoke the Authorization does not apply to any release of my health record(s) that may have taken place prior to the date of my request to revoke the Authorization.
- I understand that I am entitled to a copy of this completed Authorization form.

\_\_\_\_\_  
Print Athlete's Name

\_\_\_\_\_  
Print Athlete's Sport

**(2) UPMC Consent for Treatment and Healthcare Operations**

I consent to the provision of care. I understand that this care may include medical treatment, special tests, exams, evaluation, treatment, and rehabilitation of athletic injuries. I acknowledge that no guarantees have been given to me as to the outcome of any examination or treatment and all results of any examination and/or treatment are kept confidential.

I understand and agree that others may assist or participate in providing care. This may include, but may not be limited to team physician, school nurse, and licensed physical therapists. Under the direction of a certified athletic trainer, college/university athletic training students and high school student aides may also provide care.

I acknowledge that no guarantees have been given to me as to the outcome of any examination or treatment.

In the event of ImPACT baseline testing, I understand the ImPACT baseline testing provided by UPMC Sports Medicine is not intended to prevent, diagnose, or treat a concussion and is not to be administered following a possible concussion. If the athlete suffers a concussion, the administration of an ImPACT post-test is generally conducted at the discretion of the concussion specialist at their facility.

**(3) UPMC Privacy Practices**

I understand that copies of the UPMC Notice of Privacy Practices document are available at the school, can be sent in the mail upon my request or viewed at <http://www.upmc.com/patients-visitors/privacy-info/Pages/default.aspx>. I give UPMC and its designees permission to use my information as described in the UPMC Notice of Privacy Practices.

By signing below, I am acknowledging the above (1) Authorization for Release of Protected Health Information, (2) Consent for Treatment and Healthcare Operations, and (3) Notice of Privacy Practices.

\_\_\_\_\_  
Athlete signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or guardian signature/relationship

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or guardian signature/relationship

\_\_\_\_\_  
Date

For Office Use Only:  
Sign here if patient failed to acknowledge receipt of Notice of Privacy Practices: \_\_\_\_\_  
Reason given by patient for failure to acknowledge receipt of the Notice of Privacy Practices:  
\_\_\_\_\_