



2019 Prepare to Care Workshop Itinerary

Tuesday, June 25, 2019

8:30-8:45 am	Registration, at FWH, drop bags in Campus Assembly room and head to UC 2 nd floor
8:45-9:00 am	Welcome by Dr. Lynn George, Dean, College of Health and Wellness, facilitators- Ms. Carla Tomas, Ms. Laura Schatzkamer (Mrs. S), and Ms. Laurie Petty
9:00-9:10 am	Walk to University Commons
9:15-11:40 am	Ms. Kate McConnell, Team building exercise- 2nd floor University Commons
11:45-12:30 pm	Lunch in Tiernan Hall
12:30-12:45 pm	Walk to AJP
12:45- 2:00 pm	Anatomy Lab, Dr. Stephen Borecky
2:00-2:10 PM	Walk to Curran Hall
2:15- 4:15 pm	New skills lab- Danielle Curran, DNP, Bill Ferchak
4:15-5:15 pm	FWH - take bags to rooms and free time
5:15 -6:15 pm	Dinner in Tiernan Hall - Dr. Emily Scott, MD – former Prepare to Care participant- or someone else speak to the students
6:20-8:00 pm	Walk down to Pitt and get Rita's Italian Ice on the way back
8:00-8:15 pm	Assistants take you back to the dorms
8:30–10:00 pm	Movie time or free time in Residence hall
10:00 pm	In rooms

Wednesday, June 26, 2019

8:00 am- 8:30 am	Breakfast in Tiernan Hall
8:45 – 10:45 am	Brains, Hearts dissection lab with Mrs. S.
10:50-11:50 am	Class
12-12:45 pm	Ms. Deb Brandon, CMU Faculty member with traumatic brain injury
12:45-1:30 pm	Lunch in AJP Atrium
1:35-4:00 pm	Respiratory Care Lab
4:15-5:15 pm	Walk to rooms and free time until dinner
5:15- 6:00 pm	Dinner in Tiernan Hall
6:10-7:15 pm	Gym Activity- St. Josephs- Gymnasium
7:20-7:30 pm	Walk to AJP
7:30 8:15 pm	Make snow cones - AJP
8:15- 10:00 pm	Walk up to dorms for movie or free time in residence halls
10:00 pm	In rooms

Thursday, June 27, 2019

7:00 – 7:30am	Pick up bag lunch in FWH
7:30 am- 11:30 am	AGH to observe an open heart surgery
11:35—12:45 pm	Pizza and salad lunch in AJP, Lunch and talk with Admissions Rep
12:50- 1:00 pm	Walk to Presby or travel to UPMC site
1-4:00 pm	Presbyterian Hospital
4:15-5:15 pm	Walk or travel back- Relax before dinner

5:15- 6:15 pm	Eat in Tiernan Dining Hall
6:30- 7:00 pm	Bus to Station Square for boat trip in Lot A
7:15 - 8:15 pm	Sightseeing Trip- Gateway Clipper
8:20- 8:45 pm	Ride back to Carlow
9:00- 10:00 pm	Relax
10:00 pm	In rooms

Friday, June 28, 2019

8:00-9:15 am	Return keys, bring down sleeping bags and luggage to Campus Assembly Room Eat breakfast at Tiernan Dining hall
9:30-11:30 am	Cognitive Psychology Lecture
11:30-11:45 am	Wrap up, Conclusions, Evaluations and Certificates
12:00 pm	Pick up at Frances Warde Hall